

Preparing For Your Total Joint Replacement

This class will teach patients who are having a total joint replacement how to prepare for surgery. The class is taught by a nurse, a physical therapist, and a social worker.

Patients will learn about the pre-surgery instructions, what to expect during the hospital stay and suggestions for a successful rehabilitation and recovery after discharge.

Classes are offered:
Mondays and Wednesdays
2:00pm

Lenox Hill Hospital
130 East 77th Street
Orthopaedic Classroom
Check with the Black Hall security desk for the class location.

For further information please contact:
Heather Stansbury, RN
212-434-6739 or tjrclass@lenoxhillhospital.org

Lenox Hill Hospital also offers you the services of an Orthopedic Nurse Educator.

- It is strongly recommended that all patients attend a Joint Replacement Patient Education Class prior to surgery. At this two-hour class you will be provided with a patient guide to joint replacement surgery, an overview of the pre-operative process; what to expect during and after surgery; and to help you plan for your discharge home.
- Lenox Hill Hospital will be available to assist you at any time throughout your pre- and post-surgery process.
- The Orthopaedic Nurse Educator can be reached at 646-261-5418.

